



*We the people... are patriotic and progressive.*

We fight for our democracy and for liberty, equality and justice for ALL Americans.

## The *Patriotic and Progressive* Guide to strengthen the power of your voice and actions

### Step 1 – Build connections to our democracy. Voting is essential - but not enough.

- ☒ **Connect in the present:** There is strength, power and inspiration in working together. Join and commit to a group such as *Indivisible* or a progressive campaign for women's health, gun control, get-out-the vote etc.
- ☐ **Connect with our past:** There is wisdom and inspiration to be found in historic Resistance movements and leaders - such as the Civil Rights movement, women's right to vote etc.. Review our website for a summary of iconic progressive movements for ideas and examples (e.g. see logo at top of this page).
- ☐ **Connect with our future:** Make an effort to directly include young people in your actions and include their voice; emphasize the significance of your actions on our *legacy* and our collective *future*.

### Step 2 – Use powerful patriotic and progressive messaging

(Define yourself and your actions - or you allow others to misdefine and undermine you)

- ☐ **Words:** Use words such as: *justice, democracy, "We the people", morality, civil rights, equality* etc.
- ☐ **Optics:** Reclaim and proudly fly our *American Flag*, embrace the *U.S. Constitution* (and all its amendments), the *Statue of Liberty* etc.. Nationalists must see all Americans identifying with our Flag.
- ☐ **Patriotism:** Explicitly define your pro-democracy efforts as *patriotic* and draw power from patriotism and explicitly reject Nationalism. (See our website to learn more about true patriotism which is inclusive and aspirational in contrast to Nationalism - which is exclusionary, racist and regressive).
- ☐ **Honor historic progressive figures/movements:** incorporate quotes and images of historic famous progressives such as *Martin Luther King Jr., Shirley Chisholm, Susan B. Anthony*, etc.
- ☐ **NOTE:** Right-wing extremists have effectively claimed, co-opted and defined the language and symbols of our democracy – most notably our American flag and “patriotism” - if we do not willfully reclaim and define these reflections of our democracy they will be forever be associated with these extremists.

### Step 3 – Promote community and unity of purpose to make our democracy progress

- ☐ **Collaborate:** co-sponsor actions, meetings, fundraisers with other progressive groups. The historic 1963 March on Washington, DC was for “Jobs and Freedom” by Civil Rights groups and the autoworkers union.
- ☐ **Document:** share photos, summaries of your efforts on social media. This helps in recruitment, spreading of your message and your democratic legacy.

Collaborate with us: email/tag us your photos/videos for our digital “More Perfect Union Project”

Meaningful patriotism is action - not sentiment.

*E pluribus Unum*

For more information visit: [PatrioticAndProgressive.org](http://PatrioticAndProgressive.org)

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